



**Salt 'n' Pepper**  
Indian Restaurant

### MENUS ON REQUEST

|  |        |
|--|--------|
| 1.RASAM .....                          | £4.30  |
| 2.PARIPU VADA .....                    | £4.20  |
| 3.VEGETABLE SAMOSA .....               | £3.90  |
| 4.VAZHUTHANGAPORICHATHU .....          | £3.90  |
| 5.ONION PAKODA(ONION BHAJI) .....      | £3.90  |
| 6.UZHUNU VADA .....                    | £4.30  |
| 7.CHILLI PANEER .....                  | £5.70  |
| 8.SAMBAR VADA .....                    | £4.90  |
| 9.PANEER TIKKA .....                   | £5.70  |
| 10.MIXED VEGETABLE PLATTER .....       | £11.70 |
| 11.SEA FOOD SOUP(SPICY) .....          | £5.40  |
| 12.CHICKEN TIKKA .....                 | £4.70  |
| 13.MEAT SAMOSA .....                   | £3.90  |
| 14.SHEEK KEBAB .....                   | £4.80  |
| 15.TANDOORI MIXED PLATTER .....        | £13.90 |
| 16.SAMBAR .....                        | £7.60  |
| 17.KERALA VEGETABLE CURRY .....        | £7.60  |
| 18.CHEERAPARIPPUCURRY(SAAG DHAL) ..... | £7.90  |
| 19.CHANNA MASALA .....                 | £7.80  |
| 20.MASALA DOSA .....                   | £8.40  |
| 21.VAZHUDANANGA CURRY .....            | £8.20  |
| 22.BANGAR BAINGAN .....                | £7.90  |
| 23.MATTER PANEER .....                 | £8.80  |
| 24.CHICKEN MALABAR .....               | £8.90  |
| 25.CHICKEN KURUMA(MILD) .....          | £8.60  |
| 26.CHICKEN JALFREZI(SPICY) .....       | £8.90  |

SALT 'N' PEPPER,HAMPSHIRE COURT  
53 BOURNE AVENUE, BOURNEMOUTH, BH2 6DW

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| 27. CHICKEN MADRAS (SPICY) .....     | £8.70  |
| 28. CHICKEN VINDALOO (SPICY) .....   | £8.90  |
| 29. KARAI CHICKEN .....              | £9.20  |
| 30. CHICKEN DHANSAK .....            | £8.90  |
| 31. CHICKEN CHETTINADU (SPICY) ..... | £9.40  |
| 32. CHICKEN BHOONA .....             | £9.20  |
| 33. LAMB CHETTINADU .....            | £10.40 |
| 34. LAMB MALABAR .....               | £9.80  |
| 35. LAMB CHEERA (SAAGGOSHT) .....    | £9.70  |
| 36. KARAIGOSHT .....                 | £9.70  |
| 37. LAMB MADRAS (SPICY) .....        | £9.60  |
| 38. LAMB VINDALOO (SPICY) .....      | 9.80   |
| 39. LAMB KURUMA (MILD) .....         | £9.60  |
| 40. LAMB DHANSAK .....               | £9.60  |
| 41. LAMB JALFREZI (SPICY) .....      | £9.80  |
| 42. MIXED GRILL .....                | £14.80 |
| 43. CHICKEN TIKKA MASALA .....       | £9.30  |
| 44. LAMB TIKKA MASALA .....          | £9.90  |
| 45. BUTTER CHICKEN .....             | £9.90  |
| 46. KERALA BEEF CURRY .....          | £10.90 |
| 47. BEEF CHILLI .....                | £10.90 |
| 48. BEEF JALFREZI (SPICY) .....      | £10.90 |
| 49. KERALA MEEN CURRY .....          | £10.90 |
| 50. FISH MOLLY (MILD) .....          | £12.40 |
| 51. MEENPORICHATU (SPICY) .....      | £12.90 |
| 52. VARATHARACHAMEEN CURRY .....     | £12.95 |

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| 53.KADALA .....                     | £4.10 |
| 54.TARKA DHAL .....                 | £3.90 |
| 55.ALOO CHANNA .....                | £4.10 |
| 56.SAAF PANEER .....                | £4.60 |
| 57.MUSHROOM BHAJI .....             | £4.10 |
| 58.SAAG BHAJI .....                 | £3.90 |
| 59.KERALA PARATA(X2).....           | £2.80 |
| 60.CHAPPATHI (X2) .....             | £2.90 |
| 61.VELLAPPAM (X2).....              | £3.40 |
| 62.PLAIN NAAN .....                 | £2.30 |
| 63.GARLIC NAAN .....                | £2.60 |
| 64.GARLIC &CHILLI NAAN .....        | £2.70 |
| 65.PESHWARI NAAN .....              | £3.10 |
| 66.KEEMA NAAN .....                 | £2.90 |
| 67.MUSHROOM RICKE .....             | £3.50 |
| 68.EGG FRIED RICE .....             | £3.60 |
| 69.VEGETABLE FRIED RICE .....       | £3.60 |
| 70.STEAMED RICE(BASMATI RICE) ..... | £3.10 |
| 71.COCONUT RICE .....               | £3.60 |
| 72.LEMON RICE .....                 | £3.60 |
| 73.PILAU RICE .....                 | £3.50 |
| 74.ONION SALAD .....                | £1.50 |
| 75.RAITA .....                      | £1.75 |
| 76.PLAIN YOGHURT .....              | £0.90 |
| 77.PICKLE TRAY .....                | £2.50 |
| 78.PAPPADAM .....                   | £0.70 |

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